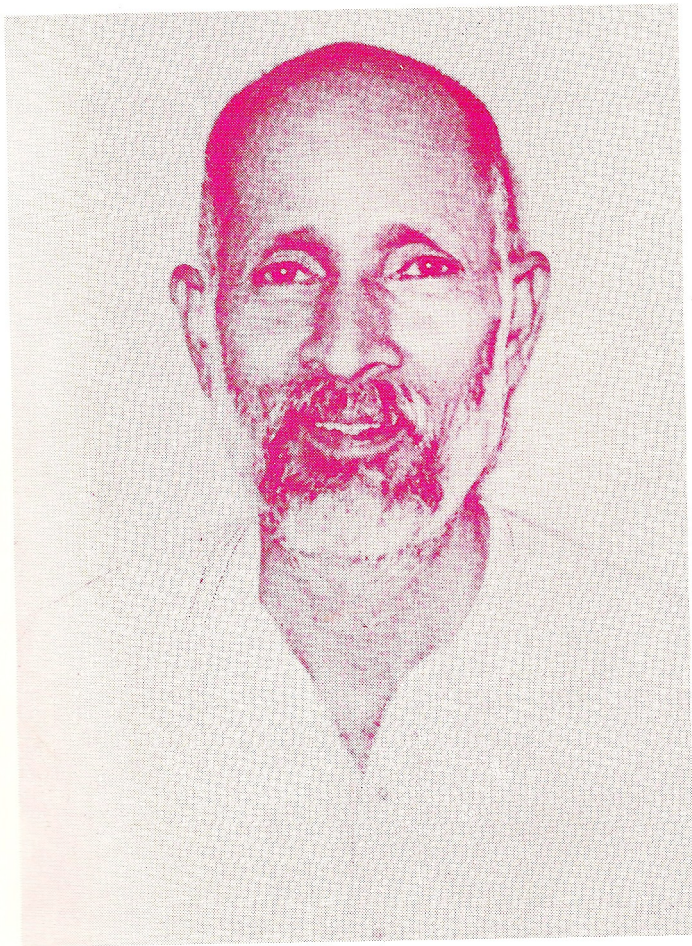


Divine Knots



– Sister Kasturi

DIVINE KNOTS

— KASTURI BAHIN

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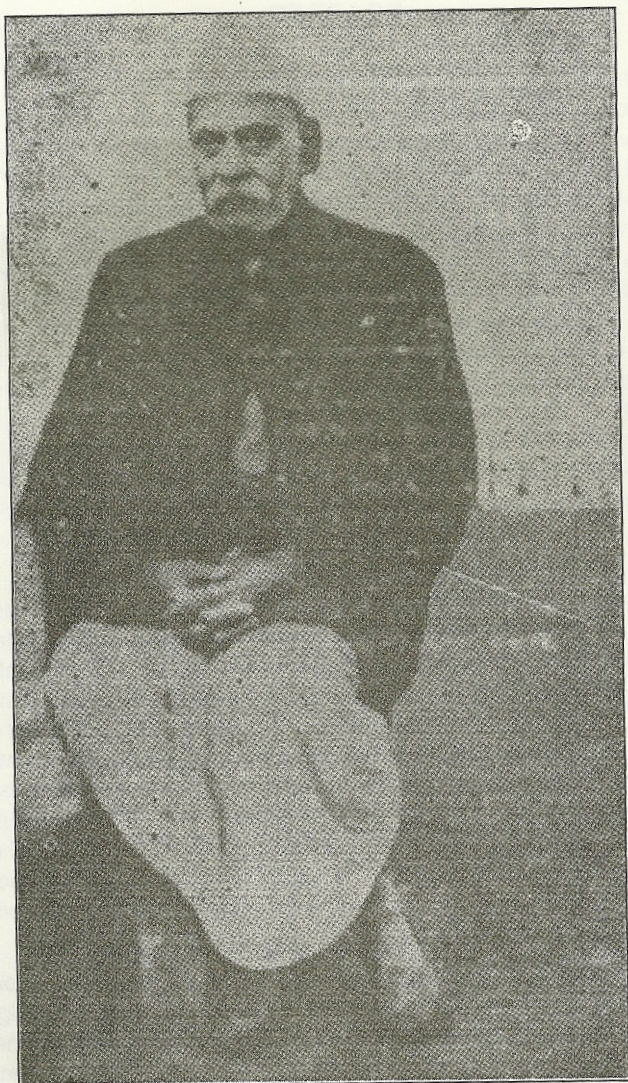
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श्री ईश्वर सहाय जी
(मास्टर साहब)

PREFACE

Before giving a detail account of the knots, it is essential for us to know what a knot is? It is my humble effort to write over granthis in the way I have understood and analysed it upto now. What is a knot? and how it is formed? Mainly a knot lies somewhere between animate and inanimate. The physical body is inanimate (Jard). The God who is present in its (Body) is animate. (Chetan). It is a truth eternal. As the time passes and our ego develops, we start assuming this unreal notion as reality that I am body, and as a consequence, we start ignoring the chetan which is inside us. Gradually we become subject to the chain of births and rebirths and our physical body appears to us to be our total existence due to the false state of ego. In other words only physical body becomes the basis of the indication that 'I am'. Due to such gross state of intellect many complications arise between us and God (chetan) and we get entangled in those intricacies on and on.

According to Sri Babuji Maharaj, the real existence of man gets coverings after coverings, and his real existence is hidden behind so many layers of those coverings. Since then, the human intellect is guided not by its real self, but by the coverings over it. Gradually, as we are too much involved in materialism, we forget to remember the reality and our living and intellect get quite far away from it [Reality]. Due to the false ego we forget to remember the existence of God in the inner. Only because of this, our ego has become the greatest barrier [GRANTHI] for us as we assume to be what we are not. In fact the role of our physical body is to house our real existence i. e. Ishwar-Ansha, our living in real sense should be only in the thought of God.

The question arises as to why we forget the dignity of God after all. The only answer is that till we receive the divine-light, the relationship with His remembrance exists. As the tendency goes downward, we forget our real existence that we are the part of God.

This truth is evident since eternity that whenever the time needs any change, some divine personality descends upon the

earth. In order to remind the forgotten existence of God to man, the divine personality of Sri Babuji Maharaj has descended in this era. In Sahaj Marg system the divine flow of transmission in the inner of human-being through Him awakens the human-consciousness towards the achievement of God. The remembrance of that forgotten relationship with God makes conscious the man for the realization of that divine being. Through the will power of Sri Babuji Maharaj, the flow of divine power in our inner directs our line of meditation towards divinity and consequently reshaping the present age as era of spirituality. This is a divine miracle that on one hand in His divine search He has imprisoned the sixteen circles of human-ego and after that has given the glimpse of His power to break these sixteen circles. On the other hand, through His divine research He has merged all the divine conditions in thirteen knots [GRANTHI], thus has given a proof of His command over divine power. Today He is fully capable in getting all the divine conditions possible in abhyasis and consequently to provide them the peak of spirituality in the limited span of time for the welfare of human being. Not confining to this, He has exposed the grandeur of Bhuma before mankind by extending the loving invitation to them to arrive at that Ultimate state [Bhuma]. This has also been established that He is not only the divine son of Lalaji Sahab, but He is the divine representative of Bhuma or original power.

DEDICATION

At the time of dedication of this book titled as "Davik-Granthi-Darpan" or 'the divine knots', I do not know why my head bows down before my father Sri Ram Das Chaturvedi and master Ishwar Sahai ji, who is no less than a father to me. My father, who brought me to the feet of Sri Babuji Maharaj and Sri master Ishwar Sahai ji, who as an excellent preceptor of the mission, gave us constantly the blissful pleasure of discourse concerning Sri Babuji Maharaj, and at the same time he provided in our hearts the flow of divine transmission. They gave us such an opportunity which has made our life worth living.

According to Sri Babuji Maharaj, Brahma is endowed with the power of expansion and thinking. While in Par-Brahmanda Mandal — the power of mobility and immobility or the state of being still - both vanish. In other words the power of expansion and thinking, both vanish. When the materialism exceeds, the real beauty of human-being is concealed behind coverings. Then inside those coverings, due to the vibration of thought power, complications take place which form a knot [Granthi] between animate (Jada) and inanimate (Chetan). In Sahaj Marg System, these complications come to an end after getting the flow of divine transmission constantly by Sri Babuji Maharaj and the churning of the knots begin. Now we begin to know this secret that in this condition the whereabouts of both the mandals mentioned above are opened before us and gradually that power descends in us. Only in that condition, a person can get a glimpse of his original-self or one may call it the condition of self realization.

After getting the divine touch of the divine personality, Sri Babuji Maharaj, this book 'The Divine Knots' is dedicated to master Ishwar Sahai Ji, the fortunate one, whose name will be remembered in this mission along with his versatile genius with great respect because of his love and selfless service to Sri Babuji Maharaj and at the same time Sri Ram Chandra mission.

FOREWORD

In order to understand the concept of knots, the question comes to my mind as to why and how the knots were formed. After minute observation the fact is coming to light that these knots are related with elevated spiritual conditions and divine power, not with materialism. The thirteen knots which have been discussed in 'Anant Ki Ore, by Sri Babuji Maharaj, are becoming clear to me, and the vision of those knots is inspiring one to write down this book 'Divine knots'. On the basis of that vision, I am trying to describe the complete philosophy of knots in this writing.

It appears that the power which originated from the Source for the sake of creation of this world, when it changed its course and its approach became constructive, while descending on the earth, the density of that ultimate power started reducing. Consequently jerks were felt. As a result of those jerks, knots kept on forming and finally thirteen knots came into existence. On way to descending the divine power, the number of knots were in accordance with the jerks in flow of that divine power. This is the reason that at the place of every jerk that particular knot which was formed there only - absorbed the condition, the atmosphere and the pressure of the density of divine power of that point or place in itself.

To me it appears that in order to achieve ultimate in one's life-time Sri Babuji Maharaj searched these thirteen knots in His divine research and made the journey of an abhyasi more smooth and interesting, at the same time. He has decided to provide the command over this power to abhyasi. I can visualise that in the field of spirituality Babuji has introduced us with the extremity of Brahma Vidya through knots. Not only this, in His book 'Anant Ki Ore' which is in itself a priceless divine jewel - He has given His divine message for the welfare of mankind that in Sahaj Marg system - the journey to ultimate has been smooth and straight through His will power. The description of the divine experiences infused in those divine knots - has been made possible by my pen after getting in His divine touch. How to write few words for

my this book "Divine Knots" when there is no scope for words. I can say it like this that passing through the higher spiritual conditions, after getting entered in divine citadel till the point of Realization or on way to getting laya in natural (Sahaj) conditions, these thirteen knots are like thirteen stoppages lying in front of me. This is a matter of fortune for my pen when it writes—

"The tale which was untold yet
experience wants to tell,
Self-Realisation (Atma - Darshan)
which was silent uptill now
the pen wants to convey it."



FIRST KNOT

I have come to know this truth of Babuji through experience only that Sahaj Marg system is the other name of Brahma Vidya or the Knowledge of the divine. The real Brahma Vidya is that only which directs our attention towards God-realization which is our aim. In Sahaj Marg system through the divine will power of Sri Babuji Maharaj, the constant flow of divine power in our hearts – pats our sleeping divine consciousness and reminds the relationship with God. Right from the first sitting of our meditation, the thought that ‘God is present inside us’ and ‘He is ours’ – is infused within us and thus He makes us pure. This very feeling in our meditation becomes an instrument of joining our inner with God from the first day. Sri Babuji Maharaj says that in our system we have inner sat sang or to say it like this that the Sahaj Marg is the practice of maintaining the inner relationship with God. When the meditation follows the right course, materialism in the inner starts melting. The treasure of divine conditions drenched in the grace and power of Sri Babuji gets available to mankind. The ties of the Knots start opening. Perhaps this is the reason that at the time of writing this book it appears to me as if my pen is going to present the account of the entry into the first knot lying before me. Do you want to know the reason? This is just because this book is a pretext of Sri Babuji Maharaj for opening the secrets of the Knots.

When the restlessness of heart drowned in meditation, starts getting solutions, the creases in thoughts get clear in Sahaj Marg system due to the aim of God-realization. After getting the union with the Beloved in the heart—it starts receiving the divine purity of devotion. What to talk of the experiences of devotional stages found in the opening of the first knot. One may call it the treasure of devotion. As much as the heart becomes pure, faster the thoughts start receiving purity. The purity in thoughts brings purity in behaviour. The purity of behaviour originates the feeling of brotherhood in the heart. The transmission given by Sri Babuji Maharaj infuses life in the feeling of brotherhood. Due to the condition of absorption in devotion, this first Knot proves the saying of Sri Babuji that

brotherhood is the life of Sahaj Marg Sadhana. In fact sadhana is only for God- realization and it ought to be. Only then all the souls which are a part of God only, seem to be own.

The description of the first Knot which is before us confirms this condition again and again that the stability towards the aim gets more stable in the heart. The flow of the divine transmission in the heart by Sri Babuji Maharaj elaborates the experiences of spiritual conditions in our inner. God is present in everyone that is why the feeling of brotherhood originates automatically in the heart of every one. In progressing a bit more in sadhana, it's 'hood' also vanishes and only the feeling of a brother remains.

This secret has been revealed to me at the time of writing this book that when we are absorbed in devotion in Sahaj Marg Sadhana, the reality of the first Knot is revealed before us because of the research of Sri Babuji. In other words the divine pleasure of Bhakti (devotion) is available in first Knot. Do you know why? Listen. What is the reason of a Knot that lies between animate and inanimate – it is essential to know first of all. God is always present in our hearts. But we keep on ignoring Him completely. So we become totally gross. Due to this we are so much entangled with this world that we do not want to get rid of it. Only this flaw becomes a Knot between us and Him. When I had achieved the condition of forgetfulness in meditation, Babuji had written to me, “Now for you the gate of spirituality has been open”. This is also a truth that the constant absorption in divine love brings the condition of forgetfulness. When the flow of divine transmission in the inner awakens the divine-consciousness and the feeling of devotion strengthens, then this false covering or the condition of the knot becomes clear before us. We begin with idol worship and continue it till end. We do not have the feeling of Godliness in it. Due to this short-coming, we call the person only priest and pujari, not a devotee, who is busy in worshipping twenty-four hours in a temple. He never felt the presence of God in an idol that is why the craving for Darshan of God was never awaken in him.

This fact also has been proved that without getting the union with the love of God through real devotion – it is impossible to keep inside the divine condition of the Knots without removing

its narrow limitations. Main thing is this that in order to keep us absorb in the pleasure of the devotional conditions or bliss, Sri Babuji searched these divine Knots. And this has been done to enable the abhyasi to reach the Ultimate Truth in this short span of life. So that on one hand after breaking the sixteen circles of ego through His unfailing will power and then pouring the divine conditions in the total existence of the abhyasi, thus making their lives worthwhile. Although desire, devotion, and craving is the only condition for one who follows the path of spirituality but to get the command over the power of infinite—what changes does it occur in us – this will be clear through the opening of the Knots only. This is a miracle of Sri Babu Ji Maharaj. The devotion unties a knot. The restlessness of a heart drowned in love begins to call its beloved. The Beloved (God) Himself makes His presence felt in the heart of an abhyasi. During the expansion of the first Knot, I remember that I had heard the call of my restless heart while Babuji was taking me to the journey of heart-region. To-day my Babuji has provided me that condition in such a way that the restlessness of my heart, while moving in the heart-region, is calling Him only. So that I may write the complete description of the Knots along with its conditions, as I have experienced personally.

The truth is that after seeing the condition of the first Knot, it is difficult to decide whether to name it a Knot or the Godly heart. It appears as if the clarity of every Knot will brighten my path with divine light for further writing. In the field of spirituality after doing the research on the Knots in a novel way, Babuji has made the subject so smooth as if He has caught hold of all the divine conditions in His grip. I have experienced during my practice that pouring these divine conditions in the entire existence of an abhyasi and providing him the capacity of achieving the divine state or Satya-Pada is a divine miracle. Again, establishing us in the region of infinity, He proves before us His command over Bhuma or Adi-Shakti. Such personality has never descended on earth who could provide a smooth flow of divine love for the divine welfare of mankind through His untiring labour. Along with attaching the divine importance to the age in order to provide excellence to Sahaj Marg system in Ram Chandra Mission – it appears as if He has extended the loving invitation of His divine

determination (Sankalp) to mankind, that anybody can take the help of this transmission power. The representative of the Adi-Shakti (original power) Sri Babuji Maharaj, who is the divine son of Sri Lala Ji Sahab, has descended on the earth to remove the ego of the abhyasis by drowning in constant remembrance of God and to carry them to ultimate. He has made the subject easy to us by keeping in view all the divine conditions minutely and assembling those conditions in each Knot. His divine research has told us that the way to ultimate is open now for everyone. The literature on spirituality is silent in this matter since eternity. How strange that by capturing the human ego in sixteen circles, as if He is telling us that He has the unlimited capacity to break these circles of ego. On the other hand, this divine mystery has been evident that the description of the heart-region and mind region (Hiranya garbha) is also available in spiritual literature. But the description of central region which is the field of the glory of Bhuma and which has been described for the first time by Sri Babuji Maharaj in His book, "Efficacy of Rajyoga" – is not mentioned anywhere. Through His this divine search it appears as if Bhuma itself has proved that Babuji is the loving son of It. Being away from the shadow of the element of earth—is the reference (account) of the condition of the first Knot.



SECOND KNOT

The description of knowledge and consciousness of every knot by Babuji Maharaj—indicates the experience of the condition of these knots. The ambition to present an account of these conditions is a divine will. I know that Babuji will be the main source behind my writing as He said and wrote to me in His letter, “Daughter, I want you to describe your practical experiences about the conditions of every region as written by me and the minutest detail of every point and every fact so that people may not call it a gossip of Ramchandra. This reality should be exposed through your writing that I have made you like that, and every condition is brought down in you. Through this even the minutest secret of my writing and saying will be evident for the welfare of all”. In fact this is His divine will only which has made my pen capable of opening the secrets of ultimate truth. My pen has His divine touch. He is the power behind opening the secret of the truth. How to appreciate this divine view that Babuji Maharaj is sitting before us and the pen carrying along with it His sweet smile while opening the cardinal (original) truth. He has given us such auspicious time that every condition, every point and every region are unfolding their divine secrets. I can say it like this as if Divine wants to open Itself for the welfare of all. That is why my pen and my time are busy in glorifying their fate. How to stop this pen when the infinite account of the knots in ‘Towards Infinity’ written by Sri Babuji Maharaj is lying before me. Now it appears that ultimate truth has been unable in hiding any secret.

Let us see what divine secrets are going to be opened through the divine consciousness of the second knot according to the saying of Sri Babuji Maharaj. Though this has been my experience that after entering into each knot that first of all we are face to face with the knowledge (consciousness) of that sphere. I am seeing it clearly that due to the divine wish of Sri Babuji the knowledge of the condition of every point enters automatically in us. I have found that the knowledge of the condition of every point is the clarification of the word Sarupyata. Because through this only, we get the knowledge of the condition and power pervading over there. As I always wrote to Babuji Maharaj in my

letters that it appears as if this condition has become my own being. The real meaning of that writing has been revealed to me now when I am writing about those conditions.

Look at the special speciality of Sahaj Marg that after achieving the condition of Sarupyata in every sphere, whatever experience we have, the knowledge of that Sarupyata gradually gets laya in that. Now I can understand the meaning of that saying of Sri Babuji that we achieve the condition of laya-awastha in every condition. So that the condition of every sphere may achieve its maturity. In other words, with the achievement of each condition, the power of that place should also be achieved, only then it becomes complete. Today in His feet, my bowed down head cries that Babuji, you have taken me after making me laya in such a deep ocean of your love. Only then this writing has been made possible for the benefit of all. Not only this, we become one after achieving the condition of oneness (Sayujyata) in that sphere. After that the view of the next condition or the clarity of the knot becomes open to us and we smoothly enter into that.

Brothers, I have found that the entry and the journey in the field of spirituality can be possible only through love and devotion. After getting the state of complete laya awastha in every condition, just to touch the depth of every region and sphere, being totally laya in the divine personality of Sri Babuji Maharaj—everything becomes easy and smooth to us. The atmosphere of the second knot has its special importance of the condition of devotion and lightness. Here, even the thought of lightness becomes heavy to us. Because there is expansion in the clement of sky, but thought, being heavier to it, can not stay here. Sri Babuji wrote to me that “you feel heavy the thought of lightness because the condition which has got laya in you, when you want to think of that, your thinking creates pressure on pure, smooth and natural condition because thoughts are heavier than the natural condition” [Sahaj dashta]. I remember when I wrote this to Sri Babuji that “I feel the presence of Godly condition in each particle which is beyond thought”. This is the reason that there is no scope for thoughts. Now this journey comes to an end and I step into the pure condition of the third Knot. The truth is that without this divine research of Sri Babuji Maharaj, it would had been just impossible to know about the secrets of these divine knots for the benefit of mankind in spiritual field. *

THIRD KNOT

(The Field of Soul)

There is a saying that the way to spirituality does not open up without devotion. This fact is proved to us in this knot. My experience is compelling me to write down this thing that the kind help of Sri Babuji Maharaj teaches the heart the art (way) of devotion very soon. His unlimited grace and constant selfless love towards abhyasis drowns their hearts constantly in devotion, thus giving them the pleasure of it. Only then the feeling of devotion originates in our hearts. How strange it is that His grace flows the stream of devotion through His constant love along with the divine flow in the heart for spiritual elevation of human being. Not only this, His divine love provides the hearts the receptivity to receive the devotion. What remains now for our practice, but only this much that we connect our hearts with meditation through a thought. So that whatever is creating obstruction in the way of spirituality, should be removed in a way of melting through His transmission power. And our hearts should be filled up with divine love. When the thoughts get sanctified, the capacity to experience the inner spiritual conditions increases.

This saying of Sri Babuji that “the thoughts are akin to the soul and receive their power through it”—brightens in the heart after achieving the purity of the thoughts and absorbency in meditation. The will power gets strengthened from that time only and the thought power provides to our meditation the warmth of nearness to God in our hearts. It would not be false if I call every knot the treasure of divine-conditions. After expanding in these conditions, our meditation being absorbed in bliss, achieves the state of laya awastha. Thus the opening of the third Knot fills our hearts with devotion. The fact is that the ocean of devotion is spreading here. That is why the condition of constant remembrance in an abhyasi automatically emerges over here.

Now, when the remembrance started taking place, the God became absorbed in our meditation. What a view of divine beauty

I get. As if I am witnessing this scene through the virat-heart of Sri Babuji who carries me to this higher condition. This feeling persists. That is why I wrote to Sri Babuji in one of my letters that "I have become laya in this condition", and I wrote this also that I have been constantly laya in you. This condition justifies the saying of the poet Kabir, "Guru Gobind Dou Khare, Kake Lagoo Pai," (When guru and God both are present before us whose feet to touch). We get a natural result here. When remembrance started touching the feeling of divine presence, God-realization become our ultimate aim automatically and love towards Him developed itself. Since then my pen started calling Sri Babuji as 'My Everything'. My pen stops writing further. In order to achieve the ultimate aim of life, the craving for the meeting with ultimate itself craves. Thus the inner love starts getting the divine touch. It appears as if Sri Babuji, knocking at the door of our souls, fills this consciousness in them (souls) as if we are moving around the sphere of the soul.

We have the condition of simplicity and balance in the sphere of the third Knot. And our pious heart (Manas) after bathing in simplicity becomes embodiment of lightness. Here sometimes we have such experience as if we are floating in the air. Though I have found that while swimming in it, I have a feeling of several points. But it appears as if divine power of Sri Babuji which is flowing in Sahaj Marg Sadhana, awakens the main point of every sphere and brightens the condition of that point. So that we have the experience of several knots through the main point.

In this way Sri Babuji Maharaj makes us experience of the journey of every point after absorbing us in laya awastha. The feeling of the higher condition of every point is absorbed in our inner. His will power only elaborates the condition of every point in each knot inside us, and provides us its knowledge also. That is why, today after fifty years of my Sadhana, I have been able to write down in this book about every point, the sphere of every knot and the condition of each region as if live before me as shown by Him. Being the sphere of Soul (Heart Region), I feel the same condition in inner and outer. I am reminded of a line by some devotee that God is sweeter than a sweet and He is exactly the same in inside and outside. Not only this it appears as if the entire region is lighted with the inner light here. Gradually after

getting the total account of this sphere, it appears as if Sri Babuji makes an abhyasi laya in this Knot and the condition itself is lighted with divine light after getting lost in this very divine light around it. Within a very short time the condition of the third knot is absorbed in us and Sri Babuji gives a jump to abhyasi in the next stage through His divine power. Truly speaking, then we enter into the fourth Knot.

*

FOURTH KNOT

Brothers! what should I write. These are the Knots or the small centres of cardinal (original) power. I have written to Sri Babuji after my every spiritual condition that it appears as if this condition has identified with me, as there is no difference between me and that particular condition. Today when Sri Babuji has invented these thirteen knots in His divine research, in order to attempt to write down something, I would like to mention that in every condition, we acquire the command over it. In other words the identification with every condition or knot is to acquire a command over it. Not only this, then we become laya in that knot, this is Sayujyata. When it happens like this our prana being absorbed in vrihat prana, merges in Mahat prana. This is the reason that this truth is evident in the writing of my books that whenever we want to write about any subject after such experiences, that condition becomes alive before us. Nobody will be equal to Sri Babuji in His divine love for abhyasis. Spiritual scriptures, Vedas, Shastras are silent in this matter. None is like Him in past and nobody will be like Him in future. Do you want to know the reason? Because as a result of the prayer done by our samarth Guru Sri Lala Ji Sahab, Babuji Maharaj descended on earth as a symbol of ultimate for the spiritual elevation of mankind.

I am finding out one thing that now Sri Babuji wants to unfold the power absorbed in a particular knot and the secret of the conditions lighted with divine light for the welfare of all. I can see in the condition of this Knot as if the accumulated warmth of divine light appears in a solid state here. Most probably this is the reason that Sri Babuji has called it the point of fire (Agni-Tatva). Do you know why? Listen. There is no heat in divine light. That is why it provides peace to us in our meditation. But as soon as the matter entered in the power of creativity, which was pious and devoid of any heat, the heat developed in it and complications or knots happened. When that power of creativity was gradually divided in limits, the matter got solidified in the knots and got transformed into five physical elements. [Panch-Bhautik-Tatva]. As a result, human body, made of five elements

was created. But this gift of infinite love of divine power was proved as a blessing for man. As it (divine-power) kept its place safe amidst every intricacy. Today, here, in the clarification of this divine truth, I am lifting my pen after having the view of the condition of this knot in front of me with the help of the kind genture of Sri Babuji, I could not understand the alertness and importance of Sri Babuji for the inner elevation of abhyasis which is before me now. And my eyes are filled with tears. I am seeing that in the spiritual journey of every knot or region, He kept on diverting my attention towards that safe place of divine power, which He kept secured for stay by that divine power amidst every covering or intricacies of human being. In this journey He always kept my attention towards this (the place of stay of Divine power). As if He diverted the attention of the abhyasi to excellent heights by providing affinity with divine power. Do you know why? Because He has given the aim of God-realization to man in Sahaj Marg system. And with His divine grace and power, He has made the firm determination (Sankalp) to carry us to cardinal power i.e. Bhuma or ultimate. That is why, His daughter has got the privilege of His grace to adorn this earth with His divine grace. This is the reason that by way of writing this book, I am singing His divine virtues only.

Now listen as when and how was I given the knowledge of this element of fire (Agni-Tatva) fifty years back by Sri Babuji. After six or seven months of the beginning of Sahaj Marg sadhana at the time of twelve or at night when I was sleeping, all of a sudden I felt as if Sri Babuji touched one inner point of mine through His transmission and that point got open up immediately and fire burst out of it. I got up at once and felt as if somebody had controlled the fire. When I was not satisfied by mentioning this condition in a letter to my beloved Sri Babuji in the light of the lamp and posted it in the morning. What I find that I received a very affectionate letter of Sri Babuji after three or four days which was carrying the solution to my anxiety and was written at one O'clock on the same night. He wrote, "I was transmitting you at about twelve or twelve thirty in the night, all of a sudden, that point got open up and fire came out of it. I am writing that your point of the element of fire has become open. By the grace of God your all the points will be open like this

with your devotion and Laya awastha. Every knot will go on opening before you. After seeing your laya-awastha and mastery in every condition, it appears as if Lalaji Sahab would not leave anything untouched to bless you with progress in the field of spirituality. It looks as if my entire research upto Ultimate truth will be complete through you. If this courage persists, you will be gaining mastery over each divine condition. I am extremely happy that— “In you I find a repetition of my condition.” You will be surprised to know what He wrote to me further in His affection. He wrote, “Bitia (daughter) I am worried whether you have any pressure or the sensation of heat on any nerve anywhere? I would be anxious to know until I receive your letter as you are physically weak.” After showering His motherly love for abhyasis, this fourth knot, after giving its account, then being absorbed in meditation, has lost its identity in Him.

As if this knot has got laya in Sri Babuji after surrendering to Him. While getting laya this has awakened us to the region of the fifth Knot as if the fifth knot is anxious to open itself. And this pen has also been powerful and conscious after getting the divine touch of Sri Babuji for the sake of writing.



FIFTH KNOT

Before describing the divine conditions absorbed in this knot, my Babuji wants me to write something about the definition of the real knowledge (Gyan) which comes to its bloom through the practice of Sahaj Marg sadhana. I am going to mention that only. The real knowledge (Gyan) of any place is to know the facts of that place completely. I remember very well that during the days of my sadhana, Sri Babuji bestowed me the laya awastha in the condition of every point, every sphere and every region so that I may have the knowledge (Gyan) of the minutest aspects of spirituality and the power of that very point, sphere and region be absorbed in me. The truth is that the Gyan of the divine region can not be circumscribed. Because that is beyond the range of thought and meditation. Perhaps this is the reason that after achieving the three stages of liberation, that is Sameepyata (nearness), Sarupyata (Identification) and union with God (Sayujyata), the spiritual literature is silent about the fourth stage. Because we come to know about the Godly region and the divine aim of God realization through the experiences of devotees, but the supreme aim of union with the Ultimate has been given only by Sri Babuji Maharaj. Do you know why? Because He has invented the centre region which is the region of grandeur of Bhuma, for the welfare of mankind. Without being drowned in the divine power, nobody can enter into His divine region. Because divine power is the life of the creation.

And the region, containing the grandeur of Bhuma which is beyond the centre region, is the place of Bhuma, in which only Sri Babuji can make our entry possible. That is why He has provided us the divine supreme aim of entry in ultimate truth i.e. Bhuma, in His Sahaj Marg system.

What to talk of His care for His abhyasis. I find the saying of Kabir justifying itself, "A devotee (Kabir) is constantly followed by the God". [*Take Piche Hari Phiren Kahat Kabir-Kabir*]. The divine beauty of the sphere of each knot, which was pervading before me for the clarity of every region and point at the time of writing every book, even today this is exactly in the similar position

at the time of writing this book. It appears as if in order to provide the aim of God Realization to His abhyasis, by protecting them from gross and miraculous experiences of every region, He writes the line (tendency) of meditation of abhyasis with the divine power. So that we are constantly attracted towards that Power. Perhaps this is the reason that we continuously progress through crossing the divine region of every Knot spreading before and by achieving laya-awastha in that, thus acquiring the power of that Knot. Not only this, our craving for God-realization increases day by day after getting connected with the divine power. The truth is that the unlimited love of Sri Babuji Maharaj, who has descended to purge this earth for the inner upliftment of mankind, is capable in taking us to that divine region through His divine transmission making our journey possible through the spiritual regions in such a short span of our lives in Sahaj Marg system. The truth is that this has become His divine nature. In His divine search He gives us its power along with its journey. His recent research is non-pariel in order to bestow the progress towards ultimate truth or Bhuma.

Now listen ! The fifth knot is going to present its condition for the benefit of all. I can see it clearly that after entering into this region, it appears as if the showers of the fresh water are wetting our inner. As the touch of the showers of water gives the feeling of comfort after the intense heat of summer, in the same way the feeling of freshness which comes from the touch of these showers gives comfort somewhere inside us. It is so wonderful that on the one hand, we have the feeling of such pleasurable comfort, and on the other hand the affectionate looks of Sri Babuji Maharaj which are absorbed in the heart, and these looks increase the craving for the union with the Beloved (God) to such an extent that our experience drowns in the feeling of nearness with Ultimate after forgetting the freshness of the water. Do you want to know why? So that there may not be the feeling of any other pleasure except the feeling of blessed nearness with the God in our experience. But I am forgetting to write about a superb and strange experience, which is compelling me to write about itself. Here we have the experience of pleasure drowned in bliss or laughing in the heart of heart. Because when I see through my experience, the

condition of "*Mere Piche Hari Phirein*" (God is following me), my heart drowns in happiness automatically. Then I feel so thrilled with the divine feeling – this I wrote to Sri Babuji in one of my letters. My eyes were not only filled with tears in the feeling of separation, but as if my every atom wet in tears is giving a call to my Beloved Babuji. Then I wrote to Sri Babuji about my condition of separation. It was, "*Unchi Jat Papihara Piyat na Nicho Neer-Kai Janchat Ghanshyam so, Kai Rah Dhunat Sarir.*" (The bird which comes from a high race is not at all ready to quench its thrust with any inferior kind of water. It would either beg from black clouds or will remain crying.) In the same way our abhyasi, until he does not get union with God, he is not satisfied. Brother ! Here we feel two types of conditions simultaneously. Sometimes the heart drowned in the shower of the water is filled with happiness and sometimes the sweetness of breeze when it touches the heart, increases the intensity of the craving for union with God. When we achieve the identification (Sarupyata) with the condition of this knot and after that becoming united with this condition, or get Sayujyata with it, the divine sound produced by the fresh breeze is also absorbed in us, and we enter in the centre of this knot. After entering into this knot, I am finding that this is the place for the element of air (Vayu-Tatva), while we feel the freshness of the showers around it. It appears as if in the central-point of the fifth Knot, it is the element of air which exists. As I am finding now that the meaning of the main point of the centre of a knot or the Master points of this knot which symbolizes the element of air. The air of this place is unique in its way. The experience of this place is also wonderful. It appears as if every particle, every atom is blossoming like a person who has properly taken bath. Today I remember that Sri Babuji wrote to me while carrying me in Pinda-Desh "Bitia (daughter) this is the place mainly dominated by Siddhis and miracles. But I am simply taking you through that place which gives the craving for the achievement of divine aim and freshness to the inner power in order to complete my research of spiritual field. The remaining things I leave in back ground. I have awakened all the points here for the fulfillment of research, so that your experience get sharpened, and the complete power of every region may get an entry in you. I can not stop myself from appreciating your

experiences. I have diverted your attention straightaway towards God. In this work of mine you have given me full co-operation with your devotion.

Now you tell me, whether entire spiritual history can cite any example of such a guru who is constantly, embracing His abhyasi, and thinking about his progress, making him complete his journey through every point, diverts his attention towards God constantly— Where there is a network of gross miracles in all the five knots mentioned in pinda Desh, I have found even in that also, He diverted the stream of my attention towards God—realization in such a way that there was no time for any other thought. He has maintained me in such a way that even the thought of thinking never comes to me. I noticed that I was kept quite unaware of the miracles during writing the condition in Pinda-Desh. If anything happened automatically the heart accepted it as His grace and got absorbed in Him. Perhaps this is the reason that I wrote to my Babuji always in my letters, “You make me follow the divine path very smoothly by keeping me away from thorns.” I remember it very well that sometimes miracles happened through me automatically but I wrote to Sri Babuji about those miracles as describing them as my condition. He replied me very often that “miracles happen through us but we can not do it deliberately. After completing the journey of this knot, it appears as if we cross the region of miracles which is beyond material element or Pinda-Desha. I am finding the real conclusion only this that attaining union (Sayujyata) with each condition is being absorbed in the essence of that condition. And one day we get laya in Mahat-Pran by absorbing in Vrihat-Pran (Virat-Pran). Now the expansion of the condition of the sixth Knot wants to convey something about it by calling me near to it.



SIXTH KNOT

After crossing the Pinda Desh (region), Sri Babuji is opening the condition of the sixth knot before me. And the pen does not want to stop after getting His touch in this matter, and is *desirous* to go on writing something on and on. Listen ! I am finding here as if I am feeling a sort of freedom after being free from the gross bondage of Maya. It appears as if I am moving forward freely here after being free from the gross bondage of birth and rebirth. Do you know the reason? Because how does Sri Babuji keeps us alive on earth by keeping us beyond the five elements of earth, water, fire, sky and air is a small example of the divine power of Sri Babuji. Due to the divine working capacity for getting Sri Babuji descended on earth and adorning this earth with the divine personality of Sri Babuji, God has honoured Sri Lalaji Sahab with the Supreme title of spiritual giant.

This is the Godly Virat region or I should call it the Virat (Big) heart of God. In a way meaning of Cosmic (Brahmand) Mandal is the Vrihat mandal of spirituality. The condition prevailing over here is giving us the experience of divine expansion. This condition is justifying the uniqueness of Sahaj Marg system introduced by Sri Babuji Maharaj. We have been told to get absorbed in meditation of divine light in the heart in Sahaj Marg practice. The result of this divine grace tells us that being absorbed in meditation, as soon as the divine light melts our inner grossness, I always wrote to Babuji, "The divine light is illumining each and every particle of my body." When I wrote this condition to Sri Babuji, He replied, "This is divine light. God is omnipresent. That is why His light can not be circumscribed. As you get drowned in it, it spreads in your every particle. That is why it appears to you present everywhere, as if there is no darkness anywhere." Not only this, He wrote further, "If you could maintain your this courage and persistence what will be unfold to you by Sri Lala Ji Sahab, only time will tell." Perhaps because of being the divine region, as if this entire cosmic (Brahmand) Mandal is telling me that look! This entire region is the region of divine-light. Not only this, in order to get absorbed in the condition of this place, it appears as if my entire being has been lighted with

divine light. Who will explain me by showing the condition of every region repeatedly for writing purpose. One strange thing is that after achieving this condition, as if the insight which witnesses this light gets absorbed in that divine light. Then there is neither any feeling of light nor darkness. I thoroughly remember that Sri Babuji had written to me after I achieved the Laya-awastha in the condition of this place, "If you concentrate on the thought that the showers of energy from Brahmand Mandal are pouring in your physical body and you are recovering from your disease, you will be alright definitely and your health will improve." Today when I am observing this condition spreading around me, the truth of Sri Babuji's saying is proving itself. I can see that the physical body is nurtured with the energy flowed from above (Brahmand Mandal). I remember it even today that after receiving His letter, His divine power gave me entry in the further region of the seventh knot, because I am seeing that here the atmosphere itself was changed. Now let us see the condition of the region of the seventh knot.



SEVENTH KNOT

Now it looks as if the entire atmosphere has changed. It appears that the power around me is receiving divine effulgence from some divine glory which has been connected with my spiritual progress by Sri Babuji. This is the reason that the divine conditions and experiences which I had forty-nine years back are justifying my writings after getting opened again. And these conditions are proving that while treading on the earth, my feet do not feel the touch of the ground. In fact after finding these knots filled with divine conditions and lighted with the splendour of the divine energy as written by Sri Babuji, I do not feel good in calling these divine conditions as knots. I was in a state of ignorance till it was not unfolded to me, but today when Sri Babuji is interested in unfolding the secrets of these knots, I have been in this position to see this divine truth. And it has encouraged my pen also to write when I find the divine conditions spreading around me, my pen forgets to use the word 'knot' and calls it the divine conditions. But it is essential to explain this phenomenon that for His research purpose, He has expanded every divine condition through His divine vision, uplifted and elaborated every condition and named them as 'knots'. In order to fulfil one's divine Sankalp, the short span of human life is not sufficient. That is why through His divine research and by keeping the unlimited and excellent conditions in His supervision, thus opening the entry to Bhuma or Ultimate that He is a divine personality. More than this by bestowing this divine-search to His 'Kasturi'. He has proved this truth for the benefit of all that today the life of the human being can be worth while through the Sahaj Marg system by getting the support of His transmission power, being absorbed in the infinite journey. Apart from this, by giving His daughter, the entry into the centre region, which is His divine-search, thus giving her a push for swimming, getting her dipped in the glimpses of Brighter-world and finally bringing down the entire divine research to His Kasturi – He has proved that after getting the full command on the power of Bhuma, he is the symbol of the divine will of Bhuma itself. He has shown me in the condition of this divine knot that by giving entry in the natural flow of the supreme

power, He has completed my journey of the conditions of every region and along with it He has taught the way to use the power of that region.

Today I am recalling those moments, when I wrote this condition to Sri Babuji in my letter, "you have taken me in such a region, where, there is no stoppage in the march ahead, because there is no scope for devotion. There is nothing in my control. One can notice it through concentration that the progress is automatically on ." This condition is found absorbed in the atmosphere of this knot. Now I can realize that the condition and power of the seventh knot is pervading over Brahmand Mandal and Par-Brahmand Mandal both. Perhaps this was the reason that He had called me to Shahjahanpur at that time and had asked me, "Today my heart overflows with this thought to bestow mastery over the power of Brahmand-Mandal and Par-Brahmand-Mandal both to my daughter." After I reached there, He took me for meditation. Outside the meditation room, in the corridor, Papaji, His Guru-Bhai, Pandit Rameshwar Prasadji was sitting. Their affectionate tuning with each other was worth seeing. During the meditation his voice was heard, "Bhai Saheb, please don't hurry, the weak physique of Bitia (Kasturi) might not bear the generous force of your love". But I was in a state of surprise to see the glorious face of Sri Babuji. When he said to stop the meditation, I can remember as if by the power of the divine, His face had brightened, which I am realizing today that particular brightness belonged to the sphere of the seventh knot. Because I am finding here the presence of a very strange splendour at the time of writing this knot which makes the speech silent. One more secret is unfolded to me today that the glorious face of Sri Babuj was present before me that whole day while he was transmitting me. Do you know the reason? I have just come to know it. It is just because the divine energy (Tej) absorbed in me, had to get laya in His divine energy. So that it could be immortal and constant. Not only this, I am finding one more thing, that the mastery which He had given to his 'Bitia' (daughter) over the divine power of Brahmanda Mandal and Par- Bahmanda-Mandal, the force of that Supreme power should come in state of balance. I am lacking in expression about that divine power that nurtures me, which was eager to merge the entire force of the divine power in me.

I wrote to Sri Babuji in my letter about one peculiar condition that "I feel so much power in me, as if Himalaya mountain will break to pieces, if met with this force of mine". Now I remember that the very condition was the expansion of the region of this seventh knot. One more thing I am finding that Sri Babuji had merged the force of that power in Himself so quickly that being a human being I may not commit any mistake. One more great secret is made clear to me here when Babuji wrote to me in a letter, "your seed of ego is destroyed. May Lalaji Saheb congratulate you". Today I am finding His writings justified in this way that everything is present here in the form of a seed. That is why in my journey of that seventh knot or main central point which is the staying place of the power of creation was completed by Sri Babuji, then he had written to me about the destruction of the seed of my ego. Because of this reason, the entire expansion of universe, things or people are visible through the eyes, but they fail to leave any impression or image on the mind because there is no feeling of their existence here. That is why the involvement in them comes to an end. The real inner condition of this point is like this, which I wrote to Sri Babuji, "I get the feeling of your divine presence in the inner". Truly speaking, He Himself is the feeling of this experience, because I do not find this experience and feeling separate from Him. In other words I get his Darshan everywhere and in every experience. The pen is using its own language that the real condition of this place is such as if the entire experience of the creation is concerning God or whatever is there, is nothing but God.

Brother, I can not imagine how Babuji let me forget the memory of this condition of bliss which is reminding itself after 49 years for the sake of my writing. I remember my condition which I wrote to Sri Babuji in my letter, "I Do not know where my senses have gone which forget to return to me." Even I used to put the palm on the hot pan instead of bread or often when I extended my hands to open the doors of the bathroom without being properly dressed after bath but all of a sudden my senses were back to me as if some divine power brought me back to my senses. Not only this before putting the palm on the hot pan, I found that the affectionate looks of Sri Babuji patting my senses. I have found my abode in the alertness of my master, Sri Babuji,

acompanying me like a shadow, who is absorbed in me in my own form even today.

I have to mention this fact even today that infact this region is near the Godly region which is lighted by that Super-power. That is why I am finding here such condition, which I wrote to Babuji in my letter in the beginning of my sadhna "I feel as if I have created sun and moon and I find myself expanded from earth to sky". He replied me, "This is the condition of the Hiranya-Garbha (mind-region). The universe (creation) is expanded from here only. Sun and moon are lightened from here. I am thankful to Sri Lala Saheb as he is giving you the knowlegde of the journey of every region. " Today when I see the region of the seventh knot, I feel that the condition belonged to this region which is being perceived by me today after such a long duration by his grace". Further I found that even this condition is absorbed in the divine glory (Tej) of Sri Babuji and then we get vividty in the state of Godly-condition. The result is that we get lost while experiencing this condition. Most probably in the condition of this pious knot, I find as if he is present everywhere and in everything. The pen wants to be silent after saying that whatever it is; is nothing but He (God). I am experiencing such a strange condition here that if the commanding position over the power of this place is given to the servant, even then a supernatural humbleness would never allow him to look towards that commanding position but service. This is the result of the constant watch of Sri Babuji that humility becomes our ornament after achieving this excellent condition. Now it appears that after giving a clear description of this seventh knot Sri Babuji is making my pen silent. How it could be possible for my pen to write down a vivid description of the condition of these knots full of divine stages without getting His divine touch and divinity in the vision? The reality is that today His divine will has been able to inspire me to write down the condition of every stage after years. Now let us see what the expansion of the eight knot, lying before me is going to reveal.



EIGHTH KNOT

What can be said about the holy description of the condition of this knot, which Sri Babuji is going to open, through my pen after making it clear in view. In the depth of His research work in the field of God-Realization, what ever greatness may be added to His work, is very insignificant as the condition of this place is beyond the reach of the words. That is why the pen is not capable in describing the importance and capability of His divine work but along with it is connected His divine presence full of divine love for mankind. His pious saying is the accurate example of it. He says "I am submitted to mankind. If people support me a little bit by accepting my submission and following the Sahaj-Marg-System, it will help me in fulfilling my divine Sankalpa towards every one through this medium (cooperation of submission) very soon. Sri Babuji who is a divine gift of Sri Lalaji Saheb has opened the door to God-realization and at the same time as if He is extending His affectionate invitation through giving the flow of His holy transmission, loving their hearts with motherly affection for the spiritual welfare of all. Incarnations descended on earth to complete the work of nature i.e., to relieve the earth from its burden, and so the incarnations did that. Those who recognized them and got attached to them, achieved salvation. But the divine personality of Sri Babuji is itself tied up with His own love by awakening the thirst of God-realization in mankind and to help them in achieving this aim. His firm determination is to bestow the entry in the expansion of the ultimate truth (Bhuma) which is above the state of constant bliss and immortal peace. I have noticed how anxiously He awaited for my spiritual progress by making my journey complete in the divine conditions. In fact He has conveyed His divine message through the Sahaj-Marg-System for all.

I am extremely surprised that the divine conditions in which Sri Babuji made me move and then getting me laya in them consequently took me to the expansion of Infinite or the centre of Bhuma. Today while presenting an account of that I am finding those conditions open in front of me with the complete journey in those conditions along with the opening of every knot. That is

why this impossibility has become possible as if He is affectionately asking my pen by opening the condition of each and every knot in front of me to reveal the secret of those knots, "Don't stop, I am giving you the divine touch in order to brighten the fate of all, I have brought this divine gift, so that the unlimited people may be fortunate to colour their fate in the colour of divinity in the field of spirituality." It appears as if the language of this eighth knot is opening itself being drowned in - renunciation and lost somewhere else.

It appears as if it is a region of the condition of renunciation because here we get a feeling of the mortality of the world along with the feeling of its existence like a dream. This knowledge brightens inside that this world is the play-ground of nature. Today after seeing the condition of this eighth knot, the dignity of the word "renunciation", which I have come to know, is superb. The meaning of the word 'renunciation' is being beyond the attachment and detachment both. This is the real condition of the pure renunciation. Even more than this, while moving in this region drowned in the feeling of the holy renunciation when I met with its mature stage, I found such strange firmness entering in me that instead of all the efforts to enjoy this world, I could not connect myself with it. All the efforts were going in vain when I observed I found that the malice is not in a position to touch my inner as that place is already occupied by Sri Babuji, and the feeling of attachment can not be mentioned as it has been accepted by Sri Babuji Himself and is submitted to God. Here the condition is such as it the covering of Maya has been removed and the condition has acquired divine purity. There is a feeling of extreme lightness, from which the burden of 'ness' has been deducted and only the feeling of 'Light' remains. I have become divine-peace personified. I am standing here in this eighth knot like am innocent child who is without any thought or feeling. The intensity of the divine purity is like such as if by drowning in it, my total being has become the symbol of this region.

I remember Sri Babuji wrote to me after knowing my condition, "You have been beyond the range of Maya. What has remained now? Nothing but God. What should I write about your condition. I just feel happy that my condition is being repeated in you". He further wrote, "Your condition is giving the

good news of renunciation in pure form. In other words your condition has been above the divine experiences of spiritual conditions.” In fact Sri Babuji has presented Sahaj-Marg-System like a divine mirror for spiritual literature. Just look at the gift of divine research. As far as the condition is concerned, I have found that renunciation is a condition related to God. But in the superb condition of the real renunciation being merged in Godly condition, we are detached with the pleasure of that blissful state. That is why, I wrote to Babuji in my letter, “I am not writing to you about my condition, but the condition of the condition.” Do you know why? Because I wrote my conditions but I could not connect myself with the feelings of those conditions. Today I have come to know that this was the divine condition spread in the eighth knot. I had to write about it that the writer was someone else who was writing about the condition. Then only Sri Babuji replied, “Now the entire covering of Maya has been removed from your condition. Even the shadow of that can not touch you”. Now I will have to say that we rise beyond Maya while completing the journey of the eighth knot, and like an innocent child, we find ourselves in a pious atmosphere. In a way the limit of the state of Sarupyata is crossed.



NINTH KNOT

Brother ! a divine secret has been revealed to me while writing about the knots. It looks as if I am visualizing some strange wonder here. The vibrations of the original source is present in the centre-point of every knot or in a very slow motion. This vibration awakens the main centre of every point. I am loosing control over my senses when I see the work-capability and the minuteness of the capacity of His divine power. He unites the awakening for God-realization with the original vibration of every point and every knot, by which the entire condition of the points and knots go on getting laya in us.

I am experiencing that this ninth knot has brought me in front of the expansion of the condition of 'Salokyata'. It appears as if I am reborn in that region where my Beloved lives. I am finding one thing here, that being in this lovely region of the Beloved, the craving for "Darshan" does not allow me to take rest. Who has brought me here and in which region, is not making me peaceful due to my inner restlessness. 'I must get my Beloved' - this craving craves in our inner, though the feeling of His divine presence makes my heart satisfied. The heart feels submission to such an extent that constantly I feel as if I am a servant of His will only. This is correct also because a servant is concerned only with the service. What to talk of living in His region? As if the constant feeling of His presence often makes me mad. What to write and how to write about the experience of the journey of this entire knot? It appears as if every step wants to convey something to me. Do you know why? Because every further step is getting nearer the condition of Realization. Now I remember, I wrote to Sri Babuji after getting dissolved in the feeling of this condition, "I feel my Shyam (God) where ever I see." (Jit Dekhoon Tit Shyam Mayi). I experience that sort of humility in me that whosoever it may be, younger or elder, in front of me, this humility itself remains absorbed in a state of self-submission. Today I have come to know the reason behind it while writing the condition of this place. I have already written that the things or their reflections are nothing. Only He is present in everything. The condition of this region is telling that He, who is only 'one' is going to appear before you. This is the reason that the condition of this region perhaps, being

the form of self-submission has surrendered itself in the feet of God. The condition of every knot is superb. Writing goes on loosing hold on itself. Here we acquire such condition of purity as if it becomes the mirror of a pure condition upon which there is no scope of any shadow of any impurity. Do you know the reason? You may call the condition of this place as a mirror of divine-purity, which is beyond the reflection of the virtue and vice. That is why I am feeling here, that the feeling of malice, hatred and differences, everything has been absorbed in the purity of the heart. Most probably because of the presence of the expansion of Divine-purity here, the feeling of the descendance of God in inner and outer keeps our heart drowned in this bliss. Not only this, the feeling of self existence keeps on being laya in this state of bliss. That is why I am finding myself incapable in controlling my senses. I do not know whether I will be in a position to write further or not.

Oh ! what is this? I am forgetting the feelings of the condition of this knot. But what should I speak about the kindness of Sri Babuji Maharaj, that when I am forgetting everything, it appears as if His divine personality gives the feeling of His divine presence in my entire being and thus awakens me again and again, so that I may experience the remaining condition of this region. How much love of Sri Babuji, I am receiving here, that when He absorbed the feeling of my being, in His Divine-Self, He has filled me with His divine reflection in order to provide further experiences so that the pen may not stop.

The truth is that the treasure of this knot, being illumined is scattered before me. As if it is telling me, "My reality after being illumined by the teachings of Sahaj-Marg and the divine power of Sri Babuji, is submitted to Him. That is why whatever conditions were mine, have been scattered for you. Absorb them and by surrendering at the feet of the divine-personality, Sri Babuji, get Laya in Him." The ninth knot has bestowed upon me the full power with this affectionate teaching, which has made me forget the loving condition of 'Salokyata'. As if this centre condition and power being absorbed in me, has got laya in Sri Babuji. What a divine panorama was in front of me? But being lost in the state of oblivion, it has left this consciousness for me, that the tenth knot has opened its entire condition before me to get me embraced.



TENTH KNOT

Let us see which type of consciousness has been given to me by Sri Babuji by repeating the previous experiences, and with its help what secrets are revealed by the expansion of the tenth knot lying before me. When the consciousness opened its eyes, it exclaimed that what a unique atmosphere prevails here which captures the inner. The expansion of the tenth knot was smiling before me just like the sweet love of Sri Babuji who is everything for me. Myself dazed, had lost myself, forgotten Babuji and also forgotten the expansion of this knot in front of me, as if this condition of forgetfulness is the only reality of this region. Then all of a sudden, it appeared as if my beloved Sri Babuji touched me with love and said, "Hold your senses. What have you seen until now that you are losing control over your senses? I am waiting for you." That divine consciousness submitted me to my Master in such a way as if my consciousness is looking at the divine face of Sri Babuji only. I noticed this thing too in the expansion of the tenth knot that a divine light has been descended in me through His divine-eye. As if He is saying, "This divine radiance (Noor) will bring your real self by beautifying your being and glorifying it through divinity. Then the distance between you and Master of this Region will vanish away. The divine presence will smile in you."

What hidden secret of the divine condition of this place is going to be exposed through the alertness of the tenth knot? Brother, this truth has been proved for us that the condition of the ninth knot along with the divine power of its level is got laya in us, the moment ninth knot is open. That is why the feeling of the presence of my Babuji which time to time is inspiring me and my pen for writing this book. Now I am finding one speciality that the feeling of the condition of Salokyata gets mixed up with the atmosphere of this place in such a way as if the place of the Beloved has become our own abode. Even more than this, nearness to God becomes our attire. Most probably this is the reason that by living in His region we can see that place clearly before us, and even the thought of looking downward is over. I am finding as if sometimes I have a feeling of command over the

power of this place as bestowed by my Babuji but a servant is servant and the Master is a Master after all. I wonder how He manages us in such a divine condition that worldly and spiritual both the works are accomplished very systematically. In fact Sri Babuji, who has taken the responsibility to take the abhyasi to Ultimate, has descended on this earth like a divine - son. The time is greeting Him. It looks as if the era is absorbed in Samadhi in the blessed state of His appraisal. Nature itself is dancing on His tune being drowned in the vibrations of divine - constant-peace. The very atmosphere of this place is telling that the earth is rejoicing. It looks as if the sky with eyes filled with tears is feeling obliged after getting the touch of His divine-feet. The atmosphere, as if being lost in a state of balance has forgotten its existence.

After absorbing the condition of the expansion of the ninth knot, I feel as if master has accepted my self-submission, and has permitted me to stay in Godly-region, and as such has bestowed the condition of remaining with Him for ever. I am feeling so full and complacent inside as if nothing is left to gain. I remember that Sri Babuji wrote to me in His letter most probably forty-five years back during the indication of this condition, "I am thankful to Lalaji Saheb, who has taken you up to this point, where hardly any one has reached. If God wills, you will be privileged with that view also."

Now I am having the experience of this natural condition that the God gifted confidence is developing in me. This confidence is not due to our ego, but due to the constant feeling of divine power in the inner. Do you know, why does it happen? When the existence of self is replaced by Godly presence, the ego of that level also comes to an end. This is the reason that divine is the base of this natural confidence which develops automatically. Now what to talk of my worldly living? That is beyond the ego, devoid of virtue and vice and drowned in the condition of bliss. There is one more wonder of Divine. Sri Babuji has given the supermost aim of God-realization to abhyasis. That is why, while living in the divine region, the feeling of Sri Babuji, who has bestowed upon us the divine-aim, gives us the consciousness of such excellent conditions. Let us see, now, what has been told by the last condition of the tenth knot. It happens so while

talking about Sri Babuji, I feel as if my mouth is not speaking and my thinking is also away from Him, only ears are listening about it. It appears that the state of oneness with the Beloved, starts getting laya here. I remember when I could not have any other feeling but only divine, my condition spoke, "Apne Sajde Ke Siva Gair Ka Sajda Hai Haram." (Our submission goes to Him only). But what is this? All of a sudden the atmosphere has been changed. As if the entire condition till now is dissolved in the centre of this knot. But the divine love of my all in all, Sri Babuji was constantly filling divine consciousness in me to march ahead. The adaptability of Sri Babuji has been ready to merge the remaining existence in the divine power of this knot so that I may not recognize myself after my senses come back. Babuji wrote to me about this in a letter, "If there is nothing, there is something behind something, howsoever subtle it might be, it is that which has to be minus". This divine wonder is before me after years even today. After receiving the letter of Babuji, that unconscious condition of existence had started becoming minus by melting away, I have always found this truth proved that when ever Sri Babuji wrote about anything that 'it has to go', the moment He thought of it in Shahjahanpur, the removal of that thing started. As if it warned me that He is the symbol of divine Adi-shakti, and He is the owner of that capacity oh! what is this? While getting fade away, the condition of the tenth knot had merged the importance of the name of God in me. Now in order to open the secret of the eleventh knot for the welfare of all, Sri Babuji has given me entry in the region of the eleventh knot by giving His divine touch to my pen. He has bestowed upon me the alertness to read the atmosphere of that region by expanding it before me. Let us see what divine description of this region is going to be presented by this pen, because the entire condition of the tenth-knot has got laya in me along with its power.



ELEVENTH KNOT

It is the saying of Sri Babuji that "Without the assistance of a capable guide, there is no pleasure in the spiritual journey. Today Sri Babuji has proved His saying true by making me a living example of it. Right from the beginning of His divine-research up to the journey of the ultimate Truth (Bhuma) and by providing it the perfection through His Sahaj-Marg-System, He has proved Himself on this earth as the symbol of Bhuma. What a unique wonder I am going to describe today that the vibration of the cardinal power (Adi-Shakti) is present in the centre of each knot with a very slow movement. This very vibration provides alertness in the centre of a knot. Just look at the subtlety of the work and power-capacity of Sri Babuji Maharaj that through the flow of His divine transmission, He awakens the craving for God-realization which is lying dormant in the hearts of the abhyasis. Gradually marching ahead on the path of progress, He unites our inner-awakening, every point, every region with that original awakening present in the main central point of every region, so that the condition of every point, every field and every region is open, and we being layas in the love of Sri Babuji, get absorbed in every condition. As if that condition gets absorbed automatically in us. Brothers! the mouth of the eleventh knot is open and the condition of this knot is blooming before me. Let us see now.

The moment I step over here, I find that the expansion of the Infinite-immortal was remembering me. This very thought strikes my mind that when His expansion is like this, how will He be? And I have taken this search to my heart. Do you know the reason? Here I feel as if every particle has its own attraction. And that attraction is so sweet as the touch of its infinite love is uniting me affectionately with the whole. Most probably because of this reason I am noticing that the divine attraction of this sphere or love, power and divine sweetness, everything is getting an access into me constantly. This is the reason that remaining beyond the devotion and knowledge, we proceed through this divine attraction now. And I? I am stand-still in such a lost state as if I am not that in which this condition is getting entry. You tell it yourself that how and why did I write this, that the condition of

this sphere and power, everything is getting an access in me through the divine attraction. Now listen to me. Why this secret should remain a secret? The truth is, as it was conveyed to my father by Sri Babuji Maharaj that, "Your 'Kasturi' or 'Kasturi' of the world has been dead. Now who so ever is, she is mine. In other words, in her, even the shadow of Jeeva does not remain."

The condition prevailing in this knot is opening the truth of this saying. In other words, the real self which was descended from God - only that self is capable in accepting such divine conditions, and the physical self remains an observer only. But the divine calibre of Sri Babuji blesses us with this divine fortune. That we get the capacity to feel the condition, at the same time we have the blissful feeling of divine conditions while being an spectator only. What a divine wonder? That this virat and divine connection also has been bestowed to us by Sri Babuji Mahraj in Sahaj – Marg - System.

Brother! my pen is ready to do its work, but what is this that after writing about the abovementioned atmosphere and condition, when remembrance took a turn, it is found as if taking everything from me the divine attraction has absorbed everything in itself. What remains is only a deep restlessness, an unexplicable pain, an untouched craving which was perhaps in search of me to tell its own tale. A strange thing is found here, that peace, comfort, pain, suffering and craving, all these become one and the same. Being in extremely contrary directions as the feeling of parmanand and pleasure on one hand and pain and restlessness on the other, everything appear to carry the same meaning. Perhaps you would like to know the reason behind this. Listen, here the inner pain, which is an outcome of the feeling of separation from the Beloved and a heart, craving for the union, get so much near to divine union that because of the pious constant feeling of the union with divine, the feeling of the restlessness and union become alike. (Restlessness and union feel alike) I can say it like that, devotion, love, restlessness, feeling of union - not even a single word can touch my condition or touch it. I can say it like this that everything gets laya in the feeling of God - realization. It is important to write down one thing more that in this region of Infinity, if anything gets a touch of this place, it touches Infinity too but for a human body it is just impossible to bear this thing. I can remember today that after touching the condition of unbearable craving Sri Babuji wrote to me about my condition, "It

will be better for you if you keep on sitting in front of the coach in meditation-room. When the condition becomes unbearable, Sri Lalaji has taken the responsibility of your safety". Had ever the earth got the touch of divine feet of such a divine personality? No. To set the example of it, Bhuma Itself has to come down on earth. Now you must have come to know that why every condition is in a balanced state here. To prove this truth, Sri Babuji evoked the craving for the realization to show the Infinite condition in this knot. Because whatever will be the condition of this sphere, it will get the touch of the Infinite. Only after two days, He did Laya my entire blissful condition in the centre of this knot. I had written to Him also, "Babuji, what has happened to me after two days that what to talk of my condition, I myself have been completely become vibrationless or sensation. I listen the heart-beat but no sensation of any sort is felt. I am working with my hands like a machine automatically. My entire system has acquired full bloom, but what type of bloom it is I do not know." But after such a long time I have come to know it at the time of writing this book. Do you know why? Because during the period of my spiritual practice, my Babuji had a constant desire to bestow me laya-awastha in Ultimate by carrying me through every condition, every centre, every region and filling me with power. But today He wants to tell everyone about every condition and the atmosphere and power of every region. Only then my pen would be taken as fortunate. Yes, Listen further. When He brightened the entire condition of this region in me and after getting everything laya in the centre (Dana) He made me fully conscious and alert, then I found as if the feeling of Reality and Reality alone was pervading around me. After coming back to to my senses I found that Sri Babuji had given me entry in the region of twelfth knot. The truth is that I do not like to use the word knots for these regions. But these are the symbols of non - pareil love for humanity and the symbol of the honour for the search of divine love of Sri Babuji.

I wish, we could connect the flow of our inner love for divine with His divine love, our human life will be worth living after getting drowned in Parmanand Rasa (Bliss) of these divine conditions. In this way we will be able to connect the divine beauty in His divine work in order to fulfil His divine Sankalp (commitment) in this divine-era.



TWELFTH KNOT

Most probably drowned in the divine will of my Babuji Mahraj, my pen is thinking it compulsory to write down about the main and different conditions of Sarupyata, before presenting an account of the condition of twelfth knot. Because here the atmosphere is like such that whatever was the achievement of spiritual divine conditions upto now, is getting laya in the silent divine power. In other words the pure condition which acquired purity after getting drowned in Samipyata, identifying oneself in Sarupyata or the boon of the nearness with God, devotion, love and the feelings of a pious Laya awastha as a result absorbed in us. As a result of Laya-Awastha (Sarupyata), its power begins to absorb in us. The condition of Fana-e-Fana which is the gift of Divine to us, remains unaware of the Permanand of Param-Dasha (Godly-condition) of Salokya begins to get laya automatically here. Do you know why? Because I am finding it now that here the meaning of the silent power is somewhere getting connected with Adi-Shakti (original power).

Now, listen! Very often, Sri Babuji has used the word 'Sarupyata' at every place and every points. I too had perhaps written to Him in my letter while passing through every point and every region, "this particular condition has as if identified with me." That is why its looks important to me that how the meaning of the condition of Sarupyata has been used for different spiritual conditions. The main Sarupya condition is to become one with the Beloved. Listen, First of all when I had used the word Sarupyata in worldly sense, I felt as if His divine form is absorbed in me, whether people call Him Sri Babuji or God, it hardly made any difference for me. Because when our physical eyes are absorbed in the loving feeling of the nearness of Babuji's divine physical self, it forgets itself in such a way that it makes itself free forever from its own physical self, Rasa (Flavour) and Smell. But further, when sayujaya awastha (Laya) of this condition comes, we do not feel even the divine form of Sri Babuji in ourselves, rather used to feel as if we have been laya in Him. Then who bothers for the form? (Rupa). In other words we get the boon of the divine gift of Laya awastha from here. This secret

is open to us now that while being lost in every condition, that condition of divinity starts entering in each and every particle of us. Every particle is brightened in that condition or it brightens through the brightness of that condition. That is why I had written to Sri Babuji as if the condition has identified with me.

In the same way when the turn of the spiritual journey of heart-region came to an end, then appeared the constant condition of the feeling of Divya-Virat (mind-region). Then I found that Babuji bestowed upon us constant Laya-awastha in that Divya-Virat or mind region through His divine grace. I am understanding one thing more that when the impression of the feeling of 'I-ness' is not found on the condition, the reality appears to be pervading around every where. In other words, we begin to feel that "God is omnipresent".

Not only this when we acquire Laya-awastha in this 'Virat' condition up to this extent that our existence can not emerge out of it, from that moment, the Virat gati of Hiranya-Garbha or mind region hides us in itself or we get laya-awastha in it. That is why I had written to Sri Babuji in a letter, "Now this divine virat-gati has identified with me. It looks as if the entire Brahmand is the creation of me. Sun, moon, sky and earth, everything is lighted with my power." After such a long duration I can see the reason before me behind this condition at the time of writing this book.

What does Sri Babuji wants to tell you, I do not know. Since my pen has become active, I will also be able to read those conditions, so that I will get the complete knowledge of all those conditions after a long duration. Because at the time of my Sadhna (spiritual-practice); my Babuji drowned me in 'Parmanand' of every condition and bestowed upon me Laya-awastha so that I may have God-realization after changing so many coverings and getting coloured in the divine colour.

Now comes the last condition of Sarupyata. In other words it is the preparation to achieve the divine goal of God-realization which has been fixed by Sri Babuji Mahraj in His Sahaj Marg System. It is the time to prepare me for living in Godly region. What should I say about the feeling of the divine breeze of this place. Here I feel as if the abode of my Beloved has come. How I was told about it by Sri Babuji, I will tell it to you positively. He

had written to me, "You have reached your home. What remains now? Sri Lalaji has decided to bestow upon you that condition of God-realization which is the Darshan of the Master of that house, where you have arrived." And one day! When my Babuji bestowed upon me Laya-awastha in the condition of Sarupyata, after that I felt as if I have got entry in that power also. Perhaps after getting the condition of the clarification of the twelfth knot, my inner started singing in the form of this song, "I live as power personified, what else do I need?" (Shakti Ke Rupa Mein Jeete Hain, Aur Kya Chahiye). Kabir had expressed this condition like this, (Ram Mera Piyu, Mai Ram Ki Dulhiniya). God is my beloved and I am his bride. What I will be able to write about the treasure of these divine conditions hidden behind these divine knots. Because now I am finding here that Sri Babuji got me out after giving me a dip in Godly centre along with the condition of God-realization in few moments in such a way as if first giving me in the lap of God, then taking me back and has given me entry in constant and smooth flow of divinity. It appears as if absorbing my entire existence in itself, my identity is telling me that you are but Laya in your Babuji. In other words the saying of Sri Babuji becomes true "Let us be like that as we should". Brother! this knot is spreading this scene before me while coming to an end that's only the condition of 'Sayujyata' or union with divine is left here, and the identity is also unconscious. Yes, I have to write one more speciality that simplicity is the beauty of this condition or it is the expansion of reality only. But now in the place of my pen as if the blessing-hand of my Babuji was awakening my consciousness by giving me His divine touch and was telling, "come back to your senses and see who is calling you extending His arms. Which divine attraction is giving you a loving invitation." When my consciousness managed to control itself and saw in front of me, then found that the region of the thirteenth knot was calling me.



THIRTEENTH KNOT

Babuji has given me entry in this thirteenth knot but my senses have not thought it proper to come back. Any way what I have to do with that. My sense is standing and smiling in front of me in the form of my Babuji and whatever it is telling, I am going to write down that only. I am finding here such type of atmosphere (life) which has never died. That is all pervading. I am finding this saying of Babuji true now, "I have taken into consideration major and main knots only in my research, otherwise there are innumerable knots." You may understand it in this way as before achieving the main condition of any region, so many changes come. It is impossible to count them. The condition which comes after completion of the journey of that place, that is the mature condition and the life of that region. That is why when we feel the warmth of any condition, we will have to say that this warmth is related with the main life or condition of this region. Though there is no attraction in the expansion of this thirteenth knot, every condition which has been achieved till now, gets laya along with its laya-awastha in this thirteenth knot and consequently loses its condition of separation automatically. Now I am understanding that which Babuji had written to me in His letter, "The reason behind the condition and the condition itself, both go together. But a point comes where the condition gets laya in its divine reality or reason. You can say it like this also that here even Laya-awastha too gets laya and the condition of God-realization also gets laya." In other words we can say that in the word 'Aham', the first letter is 'Aa' and the next letter is 'Ha' – both letters get laya and what remains is only a dot (Bindu). But my Babuji bestows upon us entry in centre region considering that zero as, "There is" rather than, "There is nothing." In other words the secret of ego (Atman) becomes open here. As the above condition suggests that the meaning of 'Aa' is not the meaning of 'Ha' is 'we'. What is left is a dot – or we are nothing but a dot. But my Babuji manages this dot (identity) also. In order to give swimming in centre Region by carrying us in His divine Sankalp. The sixteen circles of ego as searched by Sri Babuji merge in

this region. Most probably the song of superb feeling sung by Kabir, "Solah shankha Pe Takia Hamaro." (I have got complete command over these sixteen circles) – would have come live to this place only. The reality of the expansion of this place can be explained in this way also that the wisdom here also becomes ignorant. One can only see the details of this thirteenth knot. It is not easy to write about it.

The condition of this region is in a way the condition of the innocence of an infant. An infant neither has the feeling of his being, nor any sense of his existence. If we concentrate towards an infant, we will find him a living example of the superb condition as described in Bhagwad-Gita that "Virtues lie in virtues only". Sometimes he smiles automatically, then the mother says that the divine mother is teaching him to laugh. Sometimes all of a sudden he weeps. Mother Yashoda had herself spoken in the devotional song of the poet Soordas, "Kabahuk Hari Muskaya Parat Hai, Kabahu Adhar-Pharkaveyn" (Sometimes new-born Sri Krishna smiles and sometimes moves his lips). His all the actions are automatic. Only this kind of pure condition is prevailing in this region. The thirteenth Knot is the symbol of Guru Nanak's condition of forgetfulness "Tera Tera Kahte Kahte, Mai To Tera Ho Chuka Tha Phir Aage Ki Ginti Kaun Karta." (By counting thirteen repeatedly I had been yours, then who is going to count numbers beyond thirteen.) This is the real grandeur of this region which pen dares to describe the condition of the extreme limit of the child-like pure ignorance. According to Sri Babuji this is the real condition of the reach of a human being up to this superb elevated condition and of the extreme limit of spirituality. Sri Babuji must have written this to me in His letter after carrying me to this condition, "what should I write about your condition. If I see it I find reality and if I touch it I find reality. As if you have been reality personified. I am so much happy that my heart blesses you. You will certainly kiss the threshold (point and ultimate truth through your divine condition." Today my eyes are filled with tears while thinking that what type of Divine Personality has descended on earth that by absorbing everything of His own in me, has such a small wish, "do write the complete description of every point, every region, seven rings and the conditions of

the place of Bhuma. So that nobody could say that Ram Chandra has only said. He did not show it in practice. You may be only one, but if you will write the descriptpoint and ultimate truth through your divine condition." Today my eyes are filled with tears while thinking that **what type of Divine Personality** has descended on earth that **by absorbing everything of His own in me, has such a small wish, "do write the complete description of every point, every region, seven rings and the conditions of the place of Bhuma. So that nobody could say that Ram Chandra has only said. He did not show it in practice. You may be only one, but if you will write the description of the entire journey, they will come to know that the system which may prepare one has opened the way for all."** But there is nothing left to offer to His lotus-feet **except Reality**. Whatever identity remained was also **adjusted by Him in His divine Sankalp**. So that He may give us **swimming in the centre region which is the glorious centre of Bhuma. Who will be able to understand the deep secret of his saying, until He Himself after a gap of so many years, does not spread each and every condition before me and does not provide words for writing this book. I think that words do not touch the condition, but the condition itself is making words rich through its divine touch.**

One strange thing , I am finding here, which is the divine grace of the condition of **Reality of this knot** and at the same time is the divine grandeur of **my Babuji**, that the condition of Reality is that which has **no Reality**. The end of wisdom is ignorance, but have you **ever thought about the end of the ignorance?** This the real condition **pervading around**. In fact this condition is like that as a **man drowned in ocean**, when opens his eyes he finds **water, when again closes his eyes, he feels water. – In his touch there is water**. In other words after drowning in the ocean of real condition and never coming out of it, is the real condition or one's **own divine abode**. Yes, understanding the meaning* of **bowing down at threshold of Bhuma**, will be just like showing the lamp to the sun. But by the grace of my Babuji, I have tried to describe this non-pareil region in my other books. Because getting **laya in the divine ocean of the Reality** , is not the end. But after we come out of it, the path towards Infinity becomes clear before us. One

divine secret also has been revealed for the benefit of all that after coming out of the real condition, we occupy the Satya-Pad as told by Sri Babuji. Will you listen, who had taken me to this infinite and pathless path? In this infinite region which is the region of the glory of the Ultimate (Bhuma), my Babuji, after giving me entry in His divine Sankalp, took me over there through swimming. Now you tell me yourself that which pen will be having courage to write even a single word itself about His dignity. I am seeing before occupying the Satya-Pad, the sixteen circles of ego get laya in the divine. Along with the God Realization my Babuji established me on Satya-pad after giving me a dip and then taking me out of Godly-power. But this entire secret, along with the description of thirteen knots gets absorbed in my Babuji.

Brother! In order to reveal the entire secrets, right from divine-realization till the journey to Bhuma, Sri Babuji has descended on earth. He keeps on absorbing the divine glory of thirteen knots in me after destroying the sixteen circles of ego. Today, only He has presented the description right from the beginning to the end before everyone in the form of this book. What will His daughter (Bitia) be able to write about Him? One more divine secret has come before me, I will complete the description of the thirteenth knot after mentioning that also. The truth is that the word 'Divine Personality' does not fit in His reference. Now I am feeling that there is the presence of original vibration in every knot, every region, in the main central point of every point. When the inner craving of our Union touches this original vibration, our pen cries out that the craving itself craves now. Do you know why? Because - the breeze of Infinity touches it. Whether , I should call it the honour of the knot or the glory of the divine research of Sri Babuji that when He bestows entry in the point of every centre, craving gets laya in that automatically. Then I had written to Sri Babuji after getting the vibration of original-power laya in the thirteenth knot, "Tarap Ko Dekha Tarapte, Pyas Khud Ko Pee Gayee." (I saw craving in a craving state and the thirst did drink itself) I can see this benefit also that as soon as the craving gets laya in the original vibration it appears as if the power of this region also enters in us. The meaning of the feeling which I had long back about the

divine condition (Param-Dasha) – has been clear to me while writing the description of this thirteenth knot that this condition belongs to this particular knot only. Now the divine knowledge achieved till now, comes to an end, because there is nothing left to experience.

Should I call it the description of the knots or through the divine research of Sri Babuji Maharaj till placing as abhyasi on the Satya-Pada, beyond the expression of the words, the original beauty of the divine conditions and the step to original power? This is for you to decide.



EPILOGUE

(Anant-Darshan)

In fact the complete summary of writing this book is that in the short span in the life of an abhyasi, Sri Babuji has opened very deep secrets of Brahma-Vidya completely through His research in the path of God Realisation, in order to bring down the higher spiritual conditions through His power of divine transmission. Sri Babuji has beautified the spiritual journey to every divine region by infusing divine love in such a way, that the abhyasi – getting entry into the divine region (Hiranya-Garbha) or mind-region may have the complete journey of that place. By feeling the uniqueness of divine power, he may get the experience of laya-awastha also of that place. His abhyasi may get a divine vision of Godly region. For this by giving a flow of divine transmission in his inner, and providing the journey of that divine sphere, has bestowed a matchless honour to Sahaj-Marg. Not only this, I still remember today that, Sri Babuji, giving me a dive in the main centre of Godly-power has established me on Satya-Pad. Do you know why? Because without taking a dip in the Godly-power, one can not get swimming in His divine search of centre-region, that is in the sphere of the glory of Bhuma.

I have found that His divine love for mankind is a non-pareil divine gift in the form of these thirteen knots. He has given these thirteen knots for the benefit of mankind as a Prasad (blessing) of higher spiritual conditions. In fact these are not only knots but are the divine steps to carry us to God-realisation in the form of blessings (Prasad) given by Sri Babuji. Each step (knot) opens the speciality of its spiritual condition. I have found that these knots contain the full account of four main and higher conditions up to the union with God which is beyond God-realization. Now I have been successful in writing this book because He has elaborated the condition of each knot before me. Perhaps this is the reason that this descriptive book is doing the job of divine attraction (current) in the journey towards Infinite for us. The loving condition of nearness is saying to us that, “ By forgetting the idea of distance do come near Him in this region. Then you will

become a symbol of peace, full of craving of divine separation.” On the other hand, the Charming condition of Salokyata starts saying to us, “How are you managing to breathe in the sphere of others? Come here and see that His pure expansion is your real region only”. Similarly the identical condition of Sarupyata is calling me, “O, your that form is mortal and is full of the shadows of diversity. Now just have a glimpse of the origin of your real-self which will provide you union with your beloved (God) by making you laya in your original self. Not only this, it will make the return journey to one’s home-land, towards which Sri Babuji has always given an indication to us.

In the field of spiritual Godly region, as if Sri Babuji has made easy the steps (stairs) to God-realization by doing research of these thirteen knots. Should I call the description of the thirteen knots as the description of divine conditions in Babuji’s book ‘Anant Ki Ore’ or I should take it as steps beyond the reach of experiences for establishing an abhyasi on Satya-Pad.

I have seen that the description of these thirteen knots of God realization brightens the truth than the description of this higher condition of God-Realization has been made possible through the language of ignorance which is smooth and beyond the reach of the words. The divine silent language is the ornament of deep divine secrets which opens it for all after beautifying it. I have found this truth illumined that the splendour of Babuji’s divine simplicity brightens this journey of the thirteen knots by its divine light. In fact the divine simplicity was not His covering. People have got this deception by confining themselves in the darkness of their illusion. If we would had been able to know the definition of divine simplicity, the speech would had been mum, senses would have gone away never to come back. The saying of Sri Babuji is making this divine secret clear before us that “simplicity is the life of innocence which is an indication of the real condition of “Towards infinity”. This is my prayer for all that “their attention may be attracted towards the Infinite bliss of the condition of the Infinite, so that the writing of this book of mine may be worthwhile”. These thirteen knots which are the symbol of divine beauty, may shine in every one, like the stars of divine fortune.

This is my prayer.



PURPOSE OF HIS DIVINE RESEARCH IN SAHAJ MARG SYSTEM

It is not easy to write something about the purpose of Sri Babuji's Divine research. Most probably Sri Babuji wrote to master Ishwar Sahaiji in one of His letters, "Kasturi Bitia will be embodiment of Sri Ram Chandra mission." But at that time, I used to be simply glad without understanding the meaning of this saying and without having any knowledge of it. But now I have found that the purpose of His divine research is the symbol of His this divine Sankalp (commitment) that the humanity, by getting the divine kiss of the threshold of the Ultimate Truth (Bhuma) may get an entry in the main centre of that Infinite. That is why through His research, for the welfare of the Humanity, by opening all the ties lying on the path of spiritual journey to the Ultimate by removing the thorns lying on the path of progress, thus as if by making Sahaj Marg the symbol of the smoothness of the spiritual journey for the benefit of mankind- He has provided the source of inspiration to human mind. This was the purpose of His divine research, which has been easily available, simple and beneficial for all.

Neither the tongue nor the thinking and the thought has the capacity which can have a touch of that depth to speak anything about the minuteness of research of my Babuji and about His constant grace for the welfare of mankind. The matter is only this that "only he knows whom the truth has been revealed by you." "Soi Janaih Jehi Dehu Janai). In other words whom He wants to make the things clear, He motivates them. And He holds the pen for the sake of writing. My writing is the true Symbol of this. His this grace has fallen in my lot, which is compelling me that I should write about that uniqueness of His research which He has placed before me. What to talk of this divine power. The pen is begging for His blessings to write it down perfectly. It appears as if in His spiritual field, the research of the Ultimate Truth done by Him right from the original source is calling us by extending the divine invitation of Its affection to the entire humanity. On the path of spirituality as a result of His divine

research — the bondages removed by Him, boundaries melted by His divine power and the expansion of each and every point — has been open now for the entry of all. After achieving the state of God-Realization, now no other Kabir will be in a position to write down this thing like saint Kabir, “during Finite and Infinite, Kabir remained sleeping.” [Had Anhad Ke Beech Main Raha Kabira Soi]. Now abhyasis will not find any door closed during the journey up to the Ultimate. No boundary will stop the progress of any abhyasi drowned in devotion. The field right from the beginning to the Ultimate will remain open to welcome an abhyasi for spiritual practice. Not only this, the condition and power of every point and every region will be strongly ready to receive an abhyasi with all its openness. The affectionate looks of my Babuji will keep on bestowing strength each and every moment to an abhyasi for spiritual upliftment through open doors forever. This is the reason that after absorbing the great secret lying in front of me, my pen has exposed Sri Babuji as Reformer of the era with all its claims. Due to the constant union between one era to another era, my Babuji will always remain present as the life of the era. More than this, being present as the life in everyone and giving the entry in the divine region through Sahaj Marg practice, He will be bestowing the divine kiss of the feet of main Godly centre. Each and every human being who is marching ahead on the path of God-Realization, will keep on receiving divine transmission in their heart from Him. Even this divine boon will adorn our fate that the people absorbed in divine meditation, will keep on getting the darshan of His divine-beauty which is spreading or present in the entire atmosphere of this era. This pen of mine, drowned in the flow of divine transmission has been fortunate today with infinite love prevailing in infinity for the welfare of all. The divine fortune which has been descended on earth by Sri Babuji for the welfare of mankind, one day will be beautified with the decoration of His divine beauty. I am hearing the sounds of praises of such reality in the atmosphere itself. Now it would have been clear to you that how full of divine beauty is the purpose of research of my Babuji. This is the only condition for an abhyasi that he should make a complete surrender to Him because according to His saying, His cooperation is always with us. He always said, “I am submissive to the welfare of humanity.” This divine message will always touch the hearts of the human-beings.

He has conveyed this message also for the welfare of mankind that the search of the Research which has been accomplished by Him or in other words through spiritual practice, my pen has proved that He has enlightened every one through the books written by Himself about Heart-region, Mind-region, central-region and along with it Godly-region, the divine beauty of Satya-Pad, reference of Latent Motion and the secrets of the grace of the Seven Rings of the Ultimate. The intensive knowledge of Parshad (Turiyavastha) and Maha Parshad (Turiyateet awastha) and His entire divine research has been opened by His divine grace for the good of all. The truth is that my spiritual practice drowned in His love has proved that "Who is He?" How should I write that my this search for Realization and devotion has been able in presenting the description of only one phase of His reality. The simplicity of His reality which has been called by Sri Lalaji Saheb like this, "Your simplicity has been your covering." – My craving or search or laya-awastha drowned in devotion has been able in describing the divine beauty coming out of that covering. When He manifested Himself through me (His daughter Kasturi) due to His divine grace - only then I have been able to write down this thing that "Who is He"? He is one who is revealed while remaining behind the curtain. I have presented the description of the divinity of divine conditions in the thirteen knots. I have searched His efficacy only in Raj yoga till now. I have been able to find the darshan of the saintly aspect of abhyasi prepared by Sahaj Marg System in the book. Ten Commandment's written by Him. It looks as if the spiritual practice adopted in Sahaj Marg System has been open before me in the form of His divine book "Reality at Dawn". Further it is His will that the pen, bowed down in His feet, has arrived at the threshold of the Ultimate.



QUESTION - ANSWER

Q. What is the definition of 'I'?

Ans. Feeling of alertness of the Real Self.

Q. What is God?

Ans. The Power from which we get alertness to know Him, is God.

Q. What is the real definition of Godly-Region?

Ans. Where the condition of forgetfulness of the 'I' gets laya in the state of Forgetfulness, is the Godly Region, Sri Babu Ji has explained this condition in my letter as 'Fanai-a-Fana'.

Q. What is God-Realization?

Ans. Where the thought of God does not exist, is the real condition of God-Realization.

Q. What is the condition of Submission?

Ans. The feeling of melting the self, is the real condition of submission.

Q. What is Surrender?

Ans. Acceptance of submission by the Divine is real surrender.

Q. What is pure love?

Ans. Love, which is bestowed from Divine, is pure love.

Q. What is Reality?

Ans. The Real Identity of Being.

Q. What is Real self?

Ans. A particle of Divine is real self.

Q. What is pure Renunciation?

Ans. Where there is neither purity nor impurity. That is pure renunciation.

Q. Is the condition of brighter world and Mahaparshad different from each other?

Ans. Yes, both the conditions are different from each other. After getting swimming in brighter world, there remains no consciousness of identity. In the condition of Mahaparshad, identity cannot identify itself.

Q. What is Manas?

Ans. When first 'Khobh' came down for the creation; it created original Manas. When it came down to a lower level it was called human mind.

Q. Once Shri Lalaji Saheb said that Babuji is the essence of Reality. What is the Reality?

Ans. Reality is the Main source.

Q. What is the uniqueness in Sahaj Marg system?

Ans. Sahaj Marg system is the embodiment of Purity, Simplicity & Naturality and it brings complete transformation in **abhyasi**. This is pure Divine system. Every particle of **abhyasi** begins to open in this system.

Q. **Can God be known** through mind or heart?

Ans. **God can not be known** through mind. It can only be felt by heart & **can only be known** through divinity.

Q. What is **Moderation**?

Ans. When our living remains **laya** in spiritual condition, it is called the condition of **moderation**.

—**Kasturi Bahin**



SRI BABU JI MAHARAJ BIRTH CENTENARY SONG

O, Babu ! We shall celebrate your centenary year with such a magnificence,
That the world may become free from the darkness of ignorance !

The 'Pleasure' has untreasured itself on the fragrant firmament,
Even the 'Ultimate' has forgotten itself for a moment !
The 'Light of Divinity' from each and every particle reflecting,
The 'Auspicious Morning' is, the 'Present Era' transforming.

'Nature' dances with ecstasy and the heart thrilled with the joy of love,
It seems that the 'heart' craves to have & touch of the love !
Even the slightest sound is, of your auspicious arrival reminding,
The 'Auspicious Morning' is, the Present Era transforming.

Stunned and startled, when the 'Earth' had at your divine face seen,
It appeared as if, it had, the 'centre' of the Ultimate seen !
O Babu ! my eyes are, the divine touch of thy love realising,
The 'Auspicious Morning' is, the Present Era transforming !

The 'Eyes' fail to see at your radiant face continuously,
Why the madness in love, feels helpless itself so miserably !
Today the Divinity itself is at your lotus-feet surrendering?
This 'Auspicious Morning' is, the Present Era transforming.

Today Adi-Shakti has put on His forehead the 'Tilak of Sanctity,
And Lala has adorned Him with the gracious beauty of Divinity !
O Babu ! My greeting to all on your centenary year this morning,
This 'Auspicious Morning' is, the Present Era transforming.

Today a mystic smile is on the lips playing,
The Divinity has, as if, showered all its grace and blessings !
Today thy Blessings crave to become free to bless all enchanting,
This 'Auspicious Morning' is, the Present Era transforming.

How much, for centuries, the Humanity has missed this day,
And our hearts are puffed up with blissful joy today!
Thy divine love is, in the 'Centre' of the Ultimate flowing,
This 'Auspicious Morning' is, the Present Era transforming.

How the Tongue can dare to disclose thy divine secret,
As the 'Maha-Parshad' has opened thy doors sacred !
Neither the 'atmosphere', nor the bounds, such was thy dwelling,
This 'Auspicious Morning' is, the Present Era transforming.

Says sandhya, we will embrace all with love hole-heartedly,
And shower upon everybody His blessings generously !
All "Eyes" are, the morning of the centenary year welcoming,
This 'Auspicious Morning' is, the Present Era transforming.

— R. S. Kamthan